

# Glenua & Friends

## Rolex Middle Sea Race 2015

*How Malahide Father & Son Won the Double-handed Division*

by

**Dermot Cronin**

**Thursday 13 October 2016**

At 20:00

in

**Poolbeg Yacht & Boat Club Ringsend**

Entry €5 (in aid of RNLI)



The Annual 608 mile Rolex Middle Sea Race is the Med equivalent of the Fastnet. Every October it attracts a large international entry to Valetta in Malta, the starting point of the 608 mile race where skippers and crew experience a diversity of landscape and varying sea conditions defined by frustrating light airs to sail-splitting storms.

In his illustrated lecture, Dermot Cronin of Malahide Yacht Club, will bring us the inside story of how his son Paddy and himself won the Double-handed division of the 2015 Middle Sea Race in their yacht *Encore*, a First 40.7. Apart from the tactical challenges, it was an energy-sapping race with frequent sail-changing and variable winds reaching 42kts+.

Ever since his first sailing course with Glenans in Bere Island in 1979, racing around islands has attracted Dermot. Being an active racing member of Malahide Yacht